

Registration

Name: _____

Address: _____

Telephone: _____

E-Mail: _____

I would like to attend the following Brain Injury Basics session (please check one):

- _____ **September 10 - Mercer County**
St. Lawrence Rehabilitation Hospital
- _____ **October 2 – Bergen County**
Kessler Institute for Rehabilitation
- _____ **October 22 – Monmouth County**
Bayshore Fitness & Wellness Ctr.
- _____ **November 13 – Atlantic County**
Bacharach Institute for Rehab
- _____ **November 17 - Camden County**
Bancroft NeuroHealth
- _____ **December 17 - Middlesex County**
Bancroft NeuroHealth

Please mail or fax registration to:
Brain Injury Association of NJ
825 Georges Road, 2nd Floor
North Brunswick, NJ 08902
Fax: (732) 745-0211

OR Register online at www.bianj.org

Directions to the sites will be included in your registration confirmation. Directions are also available online at www.bianj.org in the Brain Injury Basics section.

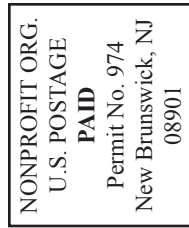
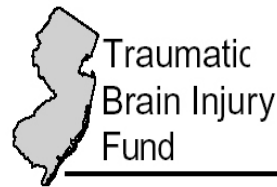
For more information, please contact:

Brain Injury Association of NJ, Inc.
825 Georges Road, 2nd Floor
North Brunswick, NJ 08902
Telephone: (732) 745-0200
Helpline: 1-800-669-4323
Fax: (732) 745-0211
Website: www.bianj.org
E-Mail: info@bianj.org

In case of inclement weather, call the Brain Injury Association of New Jersey office the morning of the session. A message will indicate any cancellations.



These sessions are made possible through the New Jersey Traumatic Brain Injury Fund, administered by the New Jersey Department of Human Services, Division of Disability Services.



Brain Injury Association of New Jersey
825 Georges Road, 2nd Floor
North Brunswick, NJ 08901



BRAIN INJURY BASICS FOR FAMILIES

Brain injury happens in an instant. It affects a family for a lifetime. Come learn information that will help you and your family.

A program of the Brain Injury Association of New Jersey.

July - December, 2008

What will I learn?

Attendees will learn about the impact of brain injury on families.

This free presentation will...

- Provide an overview of brain injury, including definitions and the rate of incidence
- Provide information on the effects of brain injury on families, including the stages of grief family members experience
- Provide information about the common consequences of brain injury: cognitive, physical, and emotional
- Provide information about strategies families can utilize and tips for caregivers
- Provide information on resources available through the Brain Injury Association of New Jersey and agencies throughout the state

**No Brain Injury
Is Too Mild To Ignore,
Or Too Severe To Lose Hope**

Six free educational sessions for families are scheduled to address this important topic. Please choose the most convenient date and location:

- **September 10, 6:30-8:30pm, Wednesday** - Mercer County, St. Lawrence Rehabilitation Hospital, 2381 Lawrenceville Road, Lawrenceville, NJ 08648
- **October 2, 6:00-8:00pm, Thursday** Bergen County, Kessler Institute for Rehabilitation, 300 Market Street, Saddle Brook, NJ 07663
- **October 22, 7:00-9:00pm, Wednesday** - Monmouth County, Bayshore Fitness & Wellness Center, 1420 Highway 36, Hazlet, NJ 07730
- **November 13, 7:00-9:00pm, Thursday** – Atlantic County, Bacharach Institute for Rehabilitation, 61 West Jimmie Leeds Road, Pomona, NJ 08240
- **November 17, 7:00-9:00pm, Monday** - Camden County, Bancroft NeuroHealth, 201 South Kings Highway East, Haddonfield, NJ 08034
- **December 17, 7:00-9:00pm, Wednesday** - Middlesex County, Bancroft NeuroHealth, 666 Plainsboro Road, Suite 2000C, Plainsboro, NJ 08526

The Silent Epidemic

9,000 children and adults in New Jersey are hospitalized each year because of brain injury. Thousands of others sustain brain injuries, including concussions, not resulting in a trip to the hospital. More often than not, families move on from hospital and rehabilitation settings with many unanswered questions about brain injury. The effect on families can include confusion, frustration, sorrow, anger, fear and isolation.

In an effort to address this, the Brain Injury Association of New Jersey hosts monthly free sessions for families throughout the state to learn more about brain injury.

Come learn about the impact of brain injuries caused by concussion, motor vehicle crashes, falls, strokes, aneurysms.

Each session will be facilitated by Peggy DiTommaso, MSW. Peggy has worked with families affected by brain injury at both the trauma center level and in brain injury rehabilitation. For over 20 years, Peggy has volunteered her time as the support group leader for the Brain Injury Association of New Jersey affiliated support group in Monmouth County.

What families have been saying about Brain Injury Basics for Families:

- “Excellent and informative session for both patient and caregiver – covering all aspects of living with brain injury.”
- “A very complicated subject was made easy to understand.”
- “A very comprehensive overview of the topic of brain injury.”
- “I learned that I am not alone and that there is help.”
- “A lot of information in an easy to understand format.”
- “There are many resources that I did not know about before attending the session.”
- “The presenter did an outstanding job and was extremely knowledgeable about brain injury.”
- “A lot of my questions were answered and I realized that my family is not alone. Many others are experiencing the same things we are.”
- “I learned about the many important organizations that can help us through this very difficult time in our life.”